



Now that our lives are returning to our normal routine, it's time for your dental checkup. Here are a few reasons to help you feel safe in the dental office:

- 1. Dental offices have always followed "Standard Precautions" long before COVID-19, and will continue to do so after. Standard Precautions are a set of guidelines in place to minimize infection exposure for all patient care.
- 2. Dentists and their staff wear masks, gloves, gowns, protective eyewear, etc.
- **3.** Treatment rooms are disinfected with high level disinfectant before and after each patient. Surfaces sanitized include but are not limited to countertops, chairs, overhead lighting etc.
- **4.** Hand pieces and other instruments are sterilized between patients using the specific procedures as outlined by the Centers for Disease Control and Prevention (CDC) and the American Dental Association (ADA).
- **5.** Disposable supplies are used whenever possible. Some offices use plastic barrier wrap to cover areas such as the headrest, which is changed after each patient.

*Delaying necessary dental treatment can have negative effects on your overall health. If you had to cancel an appointment recently due to COVID-19, or are due for your routine cleaning; call your Dentist to schedule an appointment today. Don't wait until it hurts!